The purpose of **Health Kinesiology™ (HK)** is to balance the energy of an *individual person* (or any living thing). **HK Geobiology** focuses on the energy quality and balance of a particular *environment* (a place).

We identify the energies present in a home or office by observing how the environment affects others. We then design an energy correction measure to improve energy qualities and provide a safe, nurturing environment.

**What is Geobiology?**

* The study of the nature of a wide variety of Environmental Factor Energies and their effects, whether harmful or beneficial, on living entities
* The study and practice of the techniques for detecting environmental energies
* The implementation of a variety of corrective measures for neutralizing, blocking, deflecting, or transforming geopathic energies

**What areGeopathic Energies?**

* *Energies which are detrimental to life*, whether human, plant or animal
* Naturally occurring, harmful earth energies
* Naturally occurring, benign earth energies, distorted and rendered harmful by modern construction methods
* **Electromagnetic Field (EMF)** pollution
	+ Electrically charged objects produce a physical electromagnetic field (EMF), which affects the behavior of surrounding charged objects
	+ Living beings have an electrical charge too, since elements we take into our body (oxygen, sodium, magnesium, etc.) also have an electrical charge

**Geobiologic Energies** are both subtle and variable. They can vary with the season, time of day and temperature, among other disturbances from excavation, construction or seismic activity. They can be moving or flowing and have either a weak or strong, positive or negative electrical charge that is fluctuating or steady.

**Why are Geobiologic Energies important to our health?**

Everything (including the human body) has its own natural frequency, or rate of vibration with which it is harmonious – its ***resonant frequency***. When an object (or system) is introduced to its resonant frequency, maximum energy transfer occurs and its molecules vibrate sympathetically. Since our bodies each have a unique pattern of resonant frequencies, external energies (including geobiologics) affect everyone differently. While some resonant frequencies may calm or stimulate, others may result in cell destruction and/or increased susceptibility to illness.

**What methods are used to balance, correct and neutralize Geopathic Energy flow?**

* Anything with a frequency, i.e. color, living plants, lighting, stones, etc. There are also proprietary devices created for this purpose (I use many developed by Biomagnetic Research)
* Energy flow blockers or “rerouters”: Mirrors, metal, aluminum, magnets

There is a large library of additional reading and research you may find of interest, such as:

* “Cross Currents” and “The Body Electric” by Robert O. Becker, M.D
* “Currents of Death” by Paul Brodeur
* “Radon Gas: A Citizen’s Guide” by the Canadian Radon Detection Agency
* “EMF Handbook” by Stephen Prata, physicist
* “Quantum Healing” by Deepak Chopra
* “Electro Pollution” by Roger Coghill
* “Vibrational Medicine” by Richard Gerber, MD

*A few additional notes…*

* Like our planet, the body has a wide range of frequencies
	+ This large range allows for frequent frequency overlap

**Hertz (Hz) = cycles per second**

Hertz, radio waves, light waves and frequency are basically interchangeable terms.

Even radiation (EMR) is measured in EM wavelengths.

*AM radio = 550 – 1900 kilohertz (kHz, or 1000 Hz)*

*FM radio = 100 megahertz (MHz, or 1 million Hz))*

*TV broadcast = 50 – 550 MHz*

*Cellphone = 900 – 1800 MHz*

***Microwave = 24 GHz (1 billion Hz)***

*Dish TV = 9 – 13 GHz*

*Fastest computer = 3 GHz*

*Laptop = 2 – 2.4 GHz*

***DNA = 80 GHz***

* + Both DNA and microwaves have GHz range